

**SCAN THE QR CODE TO RECEIVE POINTS FOR TODAY'S MEETING**



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[www.uhpsych.org](http://www.uhpsych.org) | [uhpsichi@central.uh.edu](mailto:uhpsichi@central.uh.edu) | [@uhpsichi](#) | Psi Chi office: Heyne 105

# Psi Chi Honor Society & Psychology Club



# Psi Chi & Psychology Club is Back on Campus!

Psi Chi Honor Society and Psychology Club is resuming with fully in person events. However, we do recognize that not everyone is able to make it to campus, so we are making accommodations and taking a hybrid/hyflex approach. Please note that, because we are fully functioning in person, not all events will have an online session.

Online opportunities are available for the following events:

- General Meetings
- Academic Events
- Virtual Volunteer

# What Color Jolly Ranchers do you Have?

Please introduce yourself, read your questions, and share your answers with the people around you for the next 5 minutes.

1. **Blue Raspberry:** If you could eliminate one food so no one could eat it ever again, what would you destroy?
2. **Green Apple:** If money and time were no object, what would you be doing right now?
3. **Cherry:** What is your favorite movie and/or tv show? Why is it your favorite?
4. **Grape:** What is your favorite item you've bought this year?
5. **Watermelon:** If you could be friends with any character from any movie/TV show, who would it be and why?



# 2021-2022 OFFICERS



**President**  
Joanne Pham



**Vice President**  
Aniqua Salwa



**Treasurer**  
Summer Ijarah



**Secretary**  
Bao Han Tran



**Academic Affairs**  
Lauren Lyles



**Historian**  
Lauren "Mickey"  
McDonald

**Advisor:**  
**Dr. Herb Agan, Ed.D.**



# Who We Are

The mission of our organization is to produce a well-educated, ethical, and socially responsible member committed to contributing to the science and profession of psychology and to society in general.

Our three core values: scholarship, philanthropy, and excellence



# Membership Requirement

	<b>Psychology Club</b>	<b>Psi Chi Honor Society</b>
Required Overall GPA	None	3.0
Required Psychology GPA	None	3.0
Be a psych major or minor	Not required	Required
Required semester completion	None (must be a UH student)	3 (36 credit hours)
# of Required psych credit hours	None	9
Chapter Dues	\$25-\$55/semester	\$25-\$55/semester
International Honor Society Membership Fee	N/A	\$55- one time lifetime membership fee

# How to Apply for Membership

## Psi Chi Honor Society

- Go to the International Psi Chi website and apply for membership. After your application is submitted, the international office will send you a confirmation email.
- Complete the UH chapter application

## Psychology Club

- Complete the UH chapter application

NOTE: If you would like to be added to our email list to receive club updates and opportunities, please connect with us on Get Involved. Connecting with us on Get Involved is NOT the same thing as membership. Please fill the above forms to become a member.



# Psi Chi Emails

- The UH email *digest* displays messages that have been classified as spam.
- If you would like to receive our emails about meetings, resources, and various opportunities (events or lab/job openings). **Please click “ALLOW SENDER” the next time you receive our emails in your digest.**
- By clicking “ALLOW SENDER” you mark our email address as safe, and will receive our emails in your email inbox.
- Please do this to stay up to date and informed on various opportunities that may arise.

The messages in your personal Digest represent emails that have been filtered and sorted into different categories, giving you an opportunity to take action on them. Click the link in the Subject column to view the message.

[Request New End User Digest](#) [Request Safe/Blocked Senders List](#) [Manage My Account](#)

The emails listed in this section have been placed in your personal Quarantine. Click Release to deliver the email to your inbox. To continue to receive future emails from the sender, click Allow Sender. To report messages that are not spam but are included in the Spam - Quarantined section, click Not Spam.

Spam - Quarantined			
From	Subject	Date	Action
<a href="mailto:relay@relay.engage.campuslabs.com">relay@relay.engage.campuslabs.com</a>	<a href="#">Member Feedback Survey</a>	2021-08-16 16:08:12	<a href="#">Release</a> <a href="#">Allow Sender</a> <a href="#">Block Sender</a> <a href="#">Not Spam</a>

For more information contact [uitsupport@uh.edu](mailto:uitsupport@uh.edu) (713) 743-1411

# Point System

Event	Points
Volunteer Event	50 Points
Social Event	25 Points
Volunteer Tutor	25 Points/Hour
Academic Event	25 Points
Fundraising Event	15 Points/Hour
Attending General Meetings	20 Points
Running Psi Chi Store (Office Hours)	10 Points/Hour (limit 150 points)
Wearing a Club T-shirt to Meetings	10 Points
Bringing a Friend to Meetings	10 Points
Writing an Article in our Newsletter	20 Points

Points Accumulated	Dues Owed
0-79	\$55
80-149	\$45
150-224	\$35
225	\$25

# Academic Events for Fall 2021

All events will be held both in Heyne 135 and streamed on Microsoft Teams

**9/14**

CV/Resume Workshop

**9/28**

GRE Informational Session

**10/12**

2nd Academic Event

**11/9**

3rd Academic Event

What do you want to experience?

Vote for event topics here: <https://tinyurl.com/AcaEventInterest>



# Tutoring

**Generally offer tutoring in the following classes:**

- General Psychology
- Research Methods
- Social Psychology
- Psychological Statistics
- I/O Psychology
- Psychology of Personality
- Physiological Psychology
- Cognitive Psychology

## **Become a Tutor!**

### **Benefits:**

- 50 points per 1 hour session
- Flexible! Tutors pick their own tutoring schedule.
- Great addition to your resume/CV.

### **Requirements:**

- Be a Psi Chi Honor Society Member.
- Make at least an A- in the courses you wish to tutor for.

# Volunteer Events

Date	Organization	Location
9/20/21 - 10/1/21	Houston Area Women's Drive (50 points)	Drop off materials at Heyne 105
10/30/21	Walk to End Alzheimer's (50 points)	University of Houston at Sugar Land
11/13/21	Houston Humane Society (50 points)	14700 Almeda Rd, Houston, TX 77053
Now - 11/9/21	Project Sunshine (25 points)	Virtual
Now - 11/9/21	Letters Against Depression (25 points)	Virtual

\*\* Please note that in person volunteering may be subject to change due to COVID-19 protocols at each organization

# Fundraising

**We have a couple of fundraising events for you all this semester! All the funds that we earn from these events go towards improving and providing more opportunities for our organization, so participation is highly encouraged!**

Event	Date & Time	Location
Bake Sale	Friday, September 24th from 10 am - 4 pm	Food Court Table #1 in Student Center South
Restaurant Social/Fundraiser	Thursday, October 14th from 10 am - 10 pm	MOD Pizza in the Medical District
Raffle	Thursday, October 28 From 5:45 pm - 6:45 pm	Heyne 135

**The Psi Chi Honor Society/Psychology Club is also enrolled in Kroger's Community Rewards Program! Link your Kroger cards [here](#) to our organization (NPO#: VW892), and for every purchase you all make, a percentage of that money comes to us!**

# Member Spotlight

## Member Spotlight: CLAIRE FULLER!

Claire is a current junior who is majoring in Psychology and minoring in Biology with the hopes of either becoming a Child and Adolescent Psychologist or an Optometrist

Currently, Claire works as an undergraduate research assistant in the Social Development Lab here at UH.

Some hobbies that she likes to do on her free time include reading, pottery, gardening, and volunteering with organizations that strive to end hunger.

Thank you Claire for being such an active member within Psi Chi! Keep up the great work!



If you would like to write an article for our newsletter for 20 points, please send your submissions to [uhpsichi@central.uh.edu](mailto:uhpsichi@central.uh.edu)

# Social Events



9/9

Game Room Social



10/14

MOD Pizza



10/28

Member Appreciation Social + End of the Year Raffle Winner Announcement!



## Chair Positions

- Chairs assist officers in their role and take part on the officer team
  - Valuable leadership experience- a crucial part of your CV and graduate school application.
  - Meet professionals and professors within the psychology community
  - 1 semester commitment
  - Must attend most events, attend 3 officer/chair meetings on Fridays @ 1:00 PM, and complete 1 office hour a week.
- 
- Deadline to add name to ballot is Wednesday, September 15th
  - Speeches at 2nd General Meeting on September 16th

# Chair Descriptions

**President's Chair:** Assists with social events, general meetings, and overall needs of the organization.

**Vice President's Chair:** Assists with planning inductions and member point tracking.

**Treasurer's Chair:** Assists with fundraising efforts, bake sales, and maintaining Psi Chi store.

**Secretary's Chair:** Assists with applications, volunteer events, and tutoring program.

**Academic Affairs' Chair:** Assists with academic events and research conference planning.

**Historian's Chair:** Assists with newsletters, taking pictures at events, and creating promotional material.

Sign up to add your name to the ballot at:  
[uhpsych.org/elections](https://uhpsych.org/elections)

## Upcoming Events

9/9/21: Game Room Social

9/14/21: Academic Event: Resume/CV Workshop

9/16/21: 2nd General Meeting

9/24/21: Bake Sale

9/28/21: GRE Informational Session

9/20/21-10/2/21: Houston Area Women's Center Drive

## Deadlines

9/15/21: Last day to add your name on the chair ballot

10/22/21: Last day to apply to membership

11/9/21: Last day to earn points

11/9/21: Last day to pay dues



## CLUB T-SHIRTS \$12



## Linda Canales, M.A.

- Coordinator of Academic Affairs
  - Supervise the advising office
  - Create undergraduate and graduate schedules for each semester
  - Oversee graduate academic affairs

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