

www.uhpsych.org | uh.psichi@gmail.com | Psi Chi office: Heyne 105

Psi Chi Honor Society & Psychology Club: 1st General Meeting



@uhpsichi



@uhpsichi



Psi Chi and Psychology Club at the University of Houston

2020-2021 Officer Team



Kat Kabel
President



Joanne Pham
Vice President



Amber Nguyen
Treasurer



Lauren Lyles
Secretary



Josh Garcia
Academic Affairs



Anto Gargurevich
Historian

Who We Are

The mission of the Psi Chi International Honor Society is to produce a well-educated, ethical, and socially responsible member committed to contributing to the science and profession of psychology and to society in general.

Our three core values: scholarship, philanthropy, and excellence



Advisor:
Dr. Herb Agan



Deserted Island Game

You're on a deserted island...

You have **ONE** minute to choose **THREE** items to take with you from your surroundings

Come back and share what you picked!



Membership Requirements

	Psychology Club	Psi Chi Honor Society
Required Overall GPA	None	3.0
Required Psychology GPA	None	3.5
Be a psych major or minor	Not required	Required
Required semester completion	None (must be a UH student)	3 (36 credit hours)
# of Required psych credit hours	None	9
Chapter Dues	\$15-\$30/semester	\$35-\$55/semester
International Honor Society Membership Fee	N/A	\$55- one time lifetime membership fee

Application Process

Psi Chi Honor Society

1. Go to the International Psi Chi website and apply for membership. After your application is submitted, the international office will send you a confirmation email.
2. Forward your confirmation email to uh.psichi@gmail.com (include your name and UH Student ID number).
3. Complete the UH chapter application

Psychology Club

1. Complete the UH chapter application
- 

Get Involved

- Connect through AccessUH
- Be added to our List-serv to receive emails about upcoming events and other opportunities
- NOT the same as membership



Point System

Event	Points
Volunteer Event	50 Points
Social Event	25 Points
Volunteer Tutor	25 Points/Hour
Academic Event	25 Points
Fundraising Event	15 Points/Hour
Donating Items for Bake Sale	20 Points
Attending Member Meetings	20 Points
Running Psi Chi Store (Office Hours)	10 Points/Hour (limit 150 points)
Wearing a Club T-shirt to Meetings	10 Points
Bringing a Friend to Meetings	10 Points
Committee Activities (i.e. newsletter, scrapbook)	15-30 Points

Points Accumulated	Dues Owed
0-79	\$30
80-119	\$25
120-199	\$20
200+	\$15

Membership Feedback Survey

We strive to receive feedback from our members as often as possible! We do our best to implement exactly what club members want into our plans for the year.

We had 38 individuals respond to the survey and I will now review the results.

All of these visualizations are created straight from Qualtrics (the survey platform).

- Please reach out if you have any questions about these graphs or how to make them.



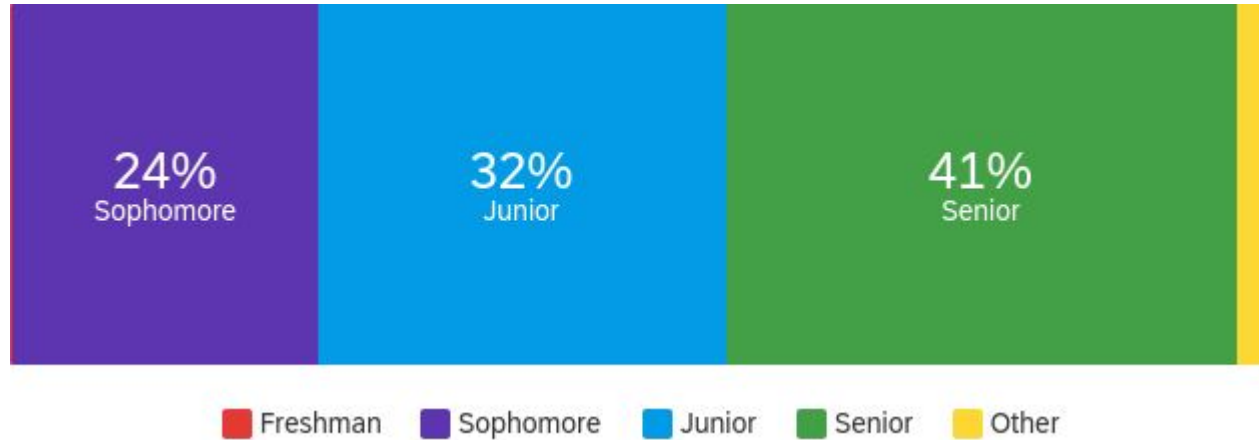
Majors



Minors

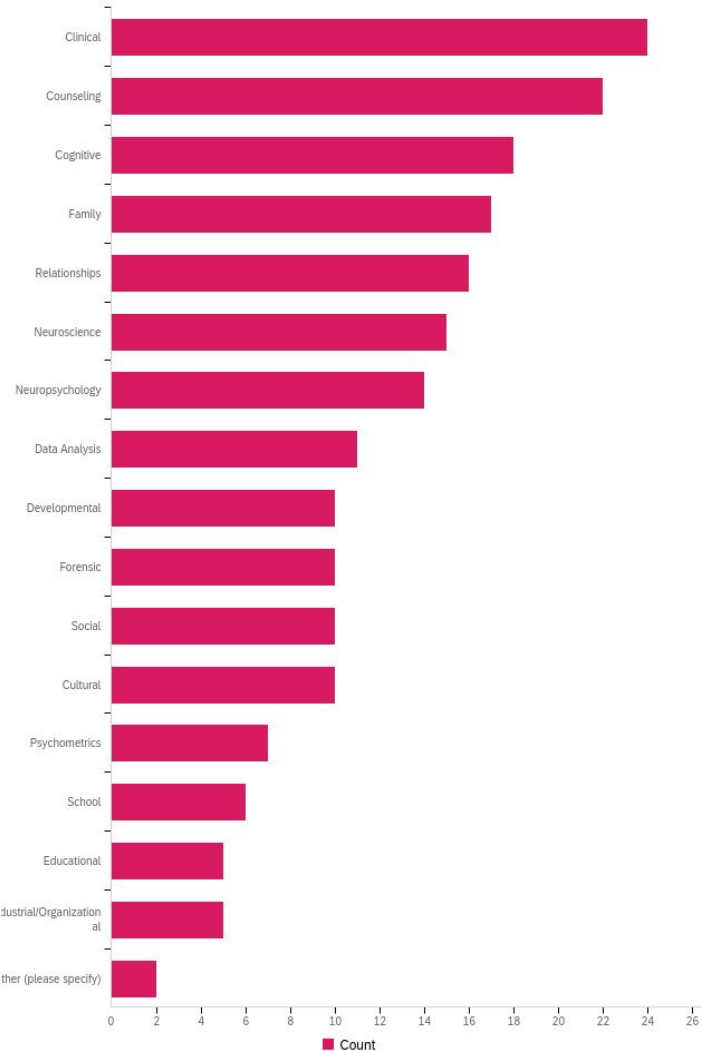
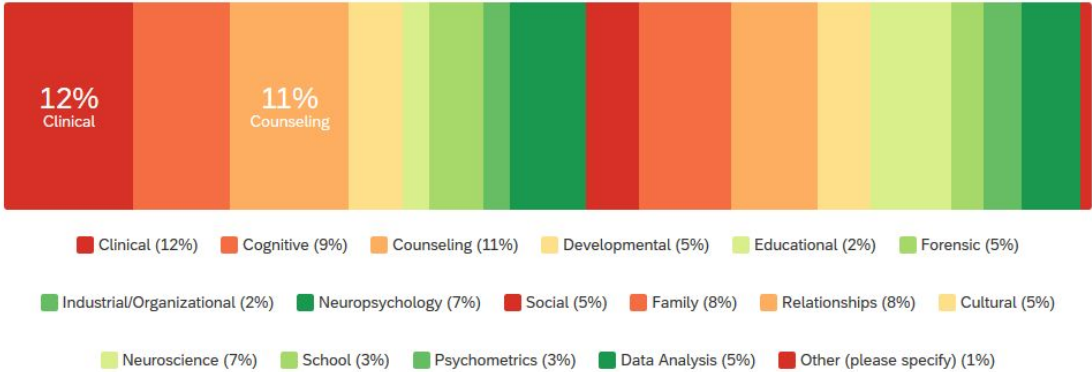


Classification



5th Year Senior (1)

Interests in Psychology



Microsoft Teams

Introduction to Teams - show on computer



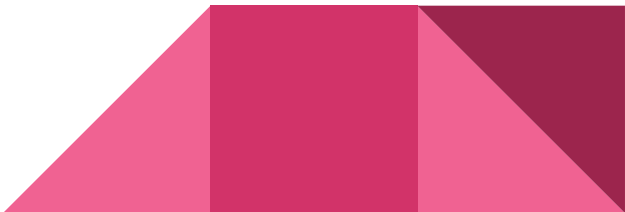
Academic Events

The first academic event is next Thursday (9/10) on:

"Reviewing Psychology Literature Online"

This is oriented as an introduction to literature reviews and tools, interpreting a journal article, and interpreting and conducting statistics. UH Psychology librarian Irene Ke will speak for the first half, followed by some tips from a student's perspective.

The other events will be Career Counseling or Panels
(Grad Students / Professionals in Psych / Health
Sciences)



GRE Sessions with Psi Chi

2 GRE Jeopardy Study Sessions - Monday 10/19/2020 & 11/02/2020

- Quick Introduction to the exam and strategies
- We will split attendees into two teams and COMPETE!
- Different categories representing different aspects of the test
 - Verbal, Quantitative, Test Structure, Psych 101
- Work on the problems together with your team and strive to win

We've done practice tests and lectures in the past but this should be more accessible, engaging, and fun



Journal Clubs

1 Journal Club Meeting - Monday, 9/28/2020

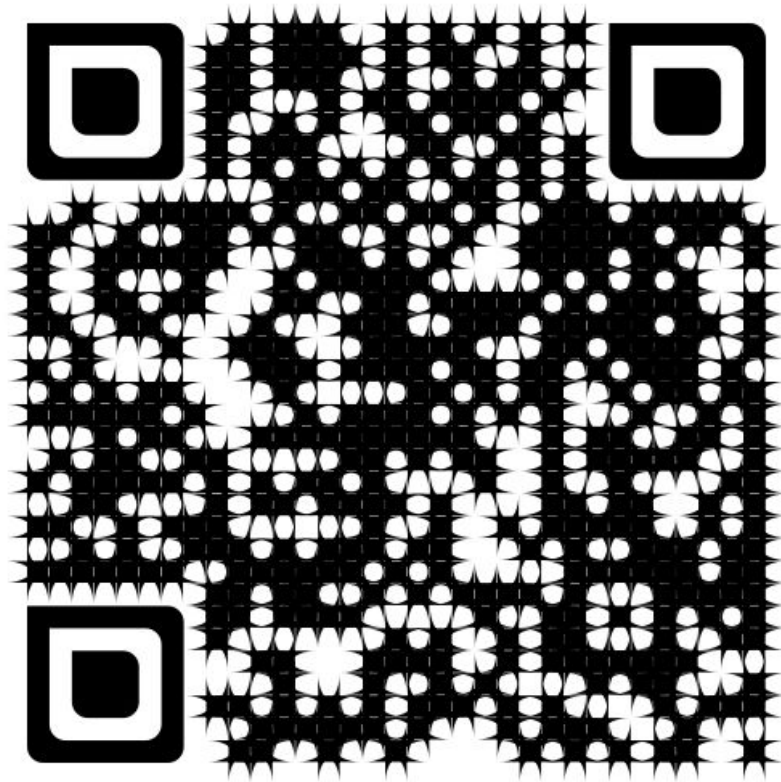
Meeting that usually occurs in a didactic lab or research setting; Round-table discussion about a scientific article of our choice!

- Background and Hypotheses
- Methods
- Results
- Discussion/Conclusions

Vote on a topic: **<https://tinyurl.com/UHJournalClub>**



Journal Clubs - VOTE



Volunteering Opportunities <https://www.uhpsych.org/calendar>

September: Letters of Hope- Starting Tomorrow (9/4)

October: Project Sunshine- Thank You cards & Kid Friendly Jokes

November: Houston Humane Society-DIY Projects & Pet Show and Tell

Check the calendar for details about upcoming volunteer opportunities & to RSVP!

Spring 2021- Events are TBD - ARC Valentine's Social/CAC decorating



Tutoring

Generally offer tutoring in the following classes:

- General Psychology
- Research Methods
- Social Psychology
- Psychological Statistics
- I/O Psychology
- Psychology of Personality
- Physiological Psychology
- Cognitive Psychology

<https://www.uhpsych.org/tutoring>

Become a Tutor!

Benefits:

- 50 points per 1 hour session
- Flexible! Tutors pick their own tutoring schedule.
- Great addition to your resume/CV.

Requirements:

- Be a Psi Chi Honor Society Member.
- Make at least an A- in the courses you wish to tutor for.

Socials

Fall Socials:

- Virtual Game Night
- Movie Night



Spring Socials:

- UH Game Center Bowling
- Halloween Party
- Karaoke



Social Channel on Teams

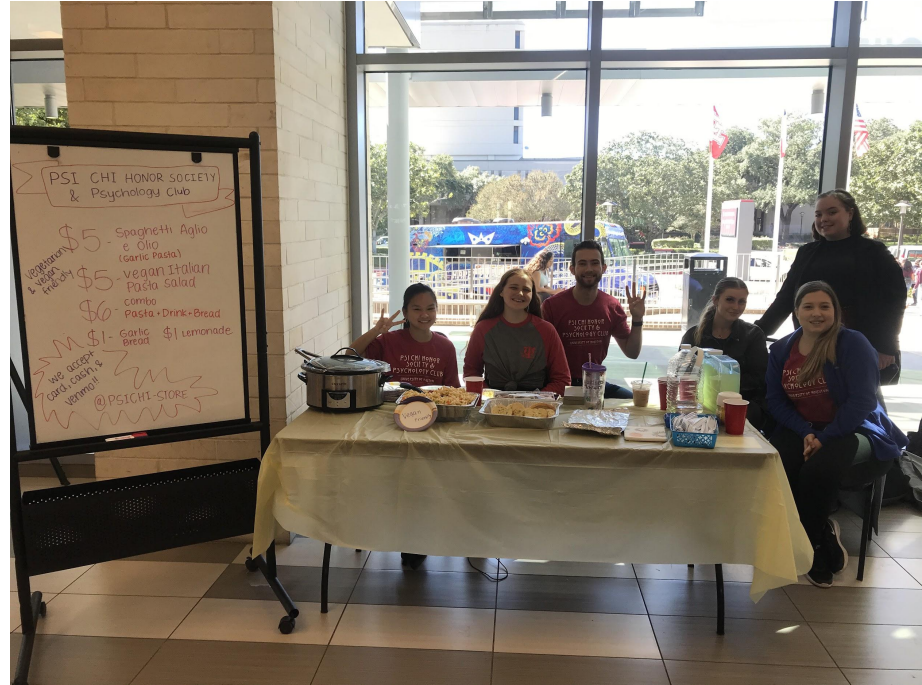
- Channel open for any discussions
- Does not need to be psych related
- Ask any club or academic related question in the GroupMe or Q&A channel



Fundraising

- 1) Bake Sales
- 2) Psi chi Store

Due to this semester being online we will sadly not be having any bake sales. The Psi Chi store will be closed for this semester as well.





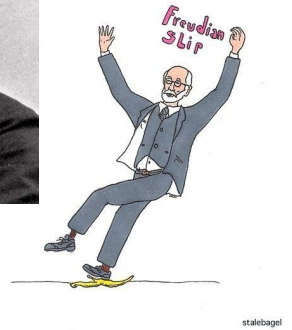
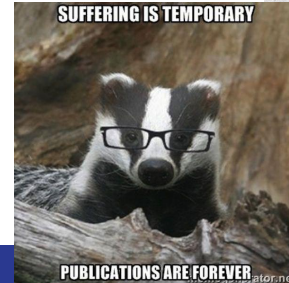
Psychobabble (Monthly Newsletter)

Let us know if you are involved in **research!** This can be related to psychology or an allied field. We would love to feature you and your mentor in our monthly newsletter.

Send in your best psychology related **memes** to our Groupme! After voting, winning submissions will be featured in that month's edition of Psychobabble.

Also:

- Member Spotlight
- Scholarship Opportunities
- Research Assistant Opportunities



Chair Elections

- Valuable leadership experience- a crucial part of your CV and graduate school application.
- Meet professionals and professors within the psychology community and foster relationships which lead to awesome opportunities.
- 1 semester commitment
 - Monthly officer/chair meetings
- Speeches at 2nd General Meeting on September 24th
 - Voting open September 24-26th
 - Deadline to add name to ballot is Tuesday, September 22nd



Description of Chair Positions

President's Chair: Assists with social events, general meetings, and overall needs of the organization.

Vice President's Chair: Assists with planning inductions and member point tracking.

Treasurer's Chair: Assists with fundraising efforts, bake sales, and maintaining Psi Chi store.

Secretary's Chair: Assists with applications, volunteer events, and tutoring program.

Academic Affairs' Chair: Assists with academic events and research conference planning.

Historian's Chair: Assists with Psychobabble, taking pictures at events, and creating promotional material.

Sign up to add your name to the ballot at:

uhpsych.org/elections



Upcoming events

- 9/4-11: Letters of Hope
- 9/10: 1st Academic Event - Reviewing Psychology Literature Online w/ Irene Ke
- 9/15: 1st Social - Virtual Game Night
- 9/24: 2nd General Meeting - Chair Elections and Undergraduate Research



Fall Deadlines

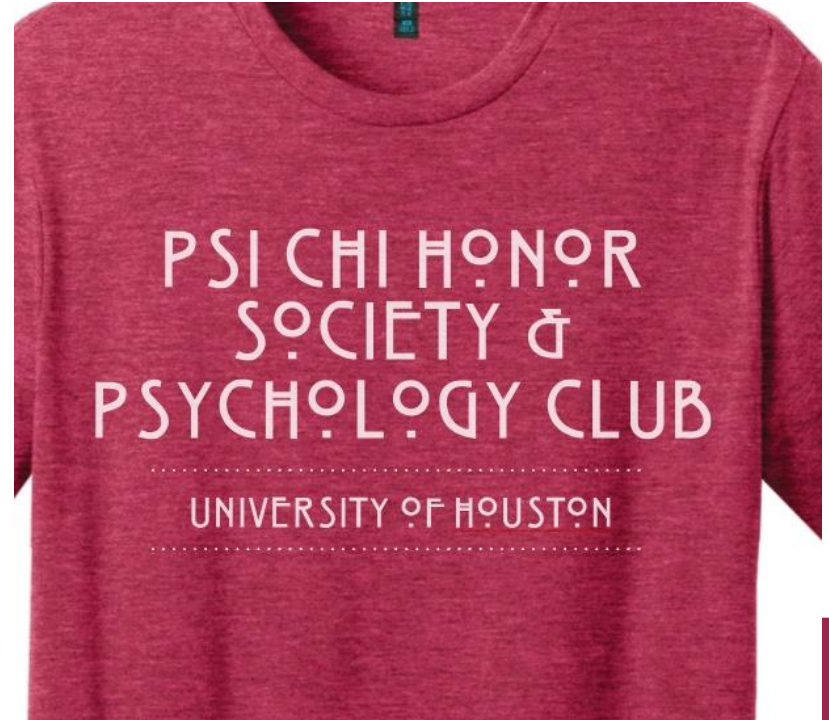
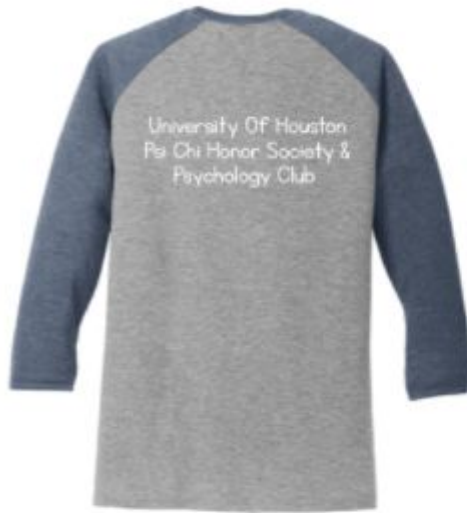
Important Deadlines

9/22	Deadline to Sign Up for Chair Ballot
9/26	Chair Voting Closes
11/6	Deadline to Apply for Membership
11/12	Deadline to Earn Points
11/13	Deadline to Pay Fall Dues

Overall Schedule

9/3	1st General Meeting
9/4 - 11/20	Letters of hope - Volunteer Event
9/10	1st Academic Event
9/15	1st Social - Online Game Night
9/24	2nd General Meeting - Chair Elections
9/28	1st Journal Club
10/6	Project Sunshine - Volunteer Event
10/15	3rd General Meeting
10/19	2nd Journal Club
10/22	2nd Academic Event
10/29	2nd Social
11/2	3rd Journal Club
11/5	4th General Meeting
11/10	Volunteer Event
11/19	3rd Academic Event
12/5	Psi Chi Honor Society Fall Inductions

Club T-shirts



Two options to pick up shirts

1) In person/ On Campus pick up

- a) \$17.00 New shirt (Gray/blue)
- b) \$9.00 Old shirt (Red)

2) Mail order

- a) \$20.00 New shirt (Gray/blue)
- b) \$12.00 Old shirt (Red)
- c) *Additional 3 dollars for handling and shipping.

Payment options

- 1. Cash
- 2. Card
- 3. Venmo





Thank you!

Please visit the officer channels for
further questions