

PSYCHOBABBLE

Psi Chi Honor Society and Psychology Club News Letter



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UPCOMING DATES:

Journal Club 1- 2/17

Heyne 135 5:45-6:45 PM

Join us for a round table discussion about a scientific article of choice.

This will be worth 25 points.

First Bake Sale- 2/19

SC South 10 AM-4 PM

We will be selling hot dogs, mac and cheese, chips, and refreshing drinks.

This will be worth 15 points per hour.

CAC Volunteer Event- 2/29

2500 Bolsover St. 9 AM- 12 AM

We will be assisting the center with decorating their children's areas and playrooms and sorting through donations. This is worth 50 points.

Second Academic Event- 3/5

Heyne 135 5:45-6:45 PM

Adalia Espinosa will present a hybrid presentation on Cover Letters and Networking. This is worth 25 points.

OUR SOCIETY

An Introduction to Our Organization

Welcome to the UH chapter of Psi Chi and the Psychology Club! For those of you returning, welcome back. For our new or prospective members, we're glad you've joined us! Here we strive to create a warm environment for those with an interest in psychology to mingle and make connections while preparing for the future. Our mission at Psi Chi International Honor Society is to produce a well-educated, ethical, and socially responsible member committed to contributing to the science and profession of psychology and to society in general. Psi Chi is a member of the Association of College Honor Societies and is also affiliated with APA and APS. There are about 1,100 chapters across the world, and the central office is located in Chattanooga, Tennessee. The board of Directors is filled with psychologists who are also Psi Chi members and are elected by the chapters.

Our organizations are open to both graduate and undergraduate students, and you are allowed to be in both. The two overlap with each other and share the same meetings and events, but they hold different requirements.



MEMBERSHIP

REQUIREMENTS

PSI CHI INTERNATIONAL HONOR SOCIETY:

- 3.0 Overall GPA
- 3.5 Psychology GPA
- Enrolled at UH as a Psychology major or minor
- Completed at least 3 semesters, or 1 semester if a transfer student
- Completed at least 9 credit hours in psychology

PSI CHI APPLICATION PROCESS:

1. Go to <https://www.psichi.org/> and apply for membership. After your application is submitted, the international office will send you a confirmation email.
2. Forward your confirmation email to uh.psichi@gmail.com (include your name and UH Student ID number).
3. Complete the UH chapter application at uhpsych.org

PSYCHOLOGY CLUB REQUIREMENTS:

- Current Student at UH with an interest in Psychology

PSYCHOLOGY CLUB APPLICATION PROCESS:

1. Go to uhpsych.org/membership
2. Click "Membership" at the top center
3. Scroll down and click "Here" under application
4. Fill out the survey and submit.

CULTURE AND HUMAN DIVERSITY

BY KRISTEN ROLLINS

In “Culture, Not Race, Explains Human Diversity” by Mark Nathan Cohen, it is explained that race is just a concept imagined by the public. There is no such thing as race because genetically everyone is extremely different. With the large amount of physical and invisible traits in each individual, there is no limit to the number of combinations that can make up an individual. Because of this, it is impossible to place others into categories. Also skin color is not at all a good way to determine someone’s intelligence, beliefs, or even family. People from many different parts of the world can all have the same skin tone but have different genes and ideologies. Therefore creating an opinion on someone based on skin color is an invalid and inaccurate viewpoint.

Culture is then compared to language. Different languages have different ways of defining things, such as the relationship between words, just as cultures have different ways of defining things. Something might be proper in one culture while it is not accepted in another. This can lead to great problems in miscommunication and is also the root of racism. For example, things like standardized tests are made to compare student intelligence across the board but give a much greater advantage to students who grew up in the area it is being administered in. If a student comes from a different place where such skills may not have been as valued or even taught, they will not do well on the test. These are the sorts of things that lead to racism when saying people of a certain color aren’t as smart. It has nothing to do with their color but the culture that they were raised in. This is why we need to get rid of the idea of cultural relativism, in which we try to understand a person’s behavior before we judge it. We must teach this in schools and have people look at things from a different perspective instead of just placing judgment. This will help us end racism by allowing us to see into other people’s lives and determine that they aren’t “less than” us or even just rude, but that they were raised differently and we should think about their lives before jumping to conclusions.

I completely agree with everything that Cohen was saying in his article about people making prejudgments about others and then determining how they believe those people should act, respond, or even think. It is very common for humans to see one person's behavior and relate that to a whole. The easiest groups to do this with are people of different skin colors because it is very visible and easy to identify. Once one person acts a certain way, the person who witnessed it believes that how all people of that specific skin color act and begin to judge others before even knowing anything about them. This leads to many problems as people from many diverse locations and cultures can all share that same skin tone. The beliefs of all of them are different but before they can get a chance to prove themselves, they are put into a category. We as a whole need to stop judging people not only by this but also by the way they may act because it's just how they were raised. There are many cultural differences and not much overlap so it's easy to start comparing one to our own.



Works Cited

COHEN , MARK N. "Culture, Not Race, Explains Human Diversity."

Chronicle.com, The Chronicles of Higher Education, 17 Apr. 1998,
www.chronicle.com/article/Culture-Not-Race-Explains/101529.

Today's Chair Candidates

President's Chair

Vincent Dang
John Emmons
Sirine Harmouch
Mariah Pressley

Vice President's Chair

Bryce Clausen
John Emmons

Secretary's Chair

Sirine Harmouch
Lauren Lyles
Mariah Pressley

Treasurer's Chair

Antonella Gargurevich
Amber Nguyen

Academic Affairs Chair

Bryce Clausen
Vincent Dang
Ivette Guzman

Historian Chair

Antonella Gargurevich
Cara Morales

Member Spotlight



This month's member spotlight is John Emmons! John does so much for our organization and is always there to lend a helping hand. He is at every bake sale, volunteer event, meeting, and social. John is a senior this year with a major in Psychology and two minors in Medicine and Society and Philosophy. He is a member of Psi Chi but is also involved in Club Theater where he is directing a show and Active Minds where he serves as Vice President. He is also a Peer Assistant for UHin4 students and an RA with the SMaRT Lab on campus. After college, John is going to work with the Texas Center for Disabilities before going for a Master's Degree in Counseling and Therapy. After, he hopes to pursue a Doctorate in Social Psychology. John says that being a part of Psi Chi has validated him coming to college in a sense. He never felt like he was accomplishing as much as he could, but joining this Honor Society has made him feel like he's on the right path to achieving his goals. It has given him a chance to volunteer at places he would have never heard of and grow into a hard-working but fun-loving professional individual, and meet many passionate and driven people. We are so happy to have you as a member John!

Want to help with Psychobabble?

If there is a topic that you are passionate about or something that you have worked on and want to share your results about, this is the place. We would love to have your work in this year's issues of the Psychobabble! Each article will earn between 15-30 points depending on length and content. To submit your article, email it to uh.psichi@gmail.com.

Also if you take pictures during the meeting and would like to see them in the Psychobabble or on our social media, feel free to email them to me, Kristen Rollins, at knr726@gmail.com.

Please also use the subject line "psi chi photos" so I can easily find them. Thank you!

RESEARCH ASSISTANT OPPORTUNITIES

The Sleep and Anxiety Center of Houston

The Sleep and Anxiety Center of Houston is looking for motivated students to help with a study examining sleep in college students. Someone willing to dedicate 4-6 hours a week would be preferred. Research assistants will work with college students to conduct initial consent and instructions, assist with project management, recruitment, data entry, and data analysis. This is a great opportunity for students looking for research experience before graduate school.

We are looking for students with...

- 3.0+ GPA
- Experience working with other college students
- At least sophomore status
- Qualtrics experience preferred, but not required
- SONA systems experience preferred, but not required
- Previous research experience preferred, but not required

For more information, please contact Erika Sanchez at emsanchez8@uh.edu.

Texas Center for Learning Disabilities

The Texas Center for Learning Disabilities are looking for data collectors to help administer psycho-educational assessments at the University of Houston. TCLD is a federally-funded research project that conducts interdisciplinary research on reading, cognition, and effective educational practices at schools in the Houston area.

- Casual position (as needed, temporary, no benefits)
- Spring 2020 (March and April/May)
- \$15 per hour • No testing experience required, training will be provided
- Testing occurs at local schools

REQUIREMENTS

- Available February-March and April-May during school/office hours (part-time ok)
- Professional, detail oriented, quick learner, punctual, and reliable
- Speak/read/write English fluently (Bilingual English/Spanish encouraged to apply)
- Hold a Bachelor's Degree or are enrolled in classes towards a degree
- Have reliable transportation and be willing drive to schools as needed
- Pass background checks (UH, HISD, etc.)
- Attend examiner training
- Demonstrate proficiency upon completion of training and prior to data collection

Interested applicants email resume and contact information to francisca.leal@times.uh.edu

Dues and Points

Event	Points
Volunteer Event	50 Points
Social Event	25 Points
Volunteer Tutor	25 Points/Hr
Academic Event	25 Points
Fundraising Event	15 Points/Hr
Donating Items for Bake Sale	20 Points
Attending Member Meetings	20 Points
Running Psi Chi Store (office Hours)	10 Points/Hr (150 Limit)
Wearing Club Tshirt to Member Meetings	10 Points
Bringing a Friend to Member Meetings	10 Points
Psychobabble Article	10 Points

Points Earned	Dues Owed
0-79	\$55
80-119	\$45
120-199	\$40
200+	\$30

Congratulations to our new chairs. We can't wait to start working with you this semester.



CONTACT US

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www.uhpsych.org

SOCIAL MEDIA

@UHpsichi

